### Energy, Entropy and the Intimate Relations between Them in Semi-Classical Gravity and Cosmology

Urbino International School in Philosophy of Physics XXVII
"The Philosophy of Dark Energy"

07 Jun 2024

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(partially funded by an ERC Collaborator grant to Bonn and a John Templeton Foundation grant to QISS)

#### **Outline**

Quantum Field Theory on Curved Spacetime and Semi-Classical Gravity

Remembrance of Things Past—Maxwell's Way: Energy and Entropy in Classical Physics

In the Shadow of Old Energy and Entropy Conditions Blooming in Classical GR

Wall's Way—Sodom and Gomorrah in Semi-Classical Gravity

Matter versus Geometry

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### general relativity: best theory #1

- valid from middling to largest spatial and temporal scales, and from near-perfect vacuum to super-dense matter
- dynamical spacetime geometry
- no quantum effects
- extreme causal weirdness, seemingly inconsistent with quantum mechanics

#### quantum field theory: best theory #2

- valid for meso-molecular and smaller matter at smallest spatial and temporal scales, and for highest and lowest energies
- static, flat spacetime geometry
- no gravity (n.b.: this doesn't follow from flat geometry, e.g., "soft gravitons")
- extreme quantum weirdness, seemingly inconsistent with general relativity (n.b.: really superposition, not necessarily entanglement)

#### fundamental tension/inconsistency:

 linearity of dynamical equations/space of states in QFT

versus non-linearity of (SC)EFE

almost all problems stem from this

#### quantum field theory on curved spacetime

perhaps surprising to learn that there is a consistent, rigorous theory of quantum fields on relativistic spacetimes (algebraic or axiomatic):

- 1. fixed background classical spacetime geometry
- 2. non-interacting quantum fields propagating as "test matter"—"free fields"

(also standard canonical and Lagrangian formulations, but they're *messy* and raise yet more mathematical and physical problems; some results known in axiomatic framework for interacting quantum fields in lower dimensions, but nothing of interest)

#### but freedom is scary...

#### semi-classical gravity (SCG)

shackle the fields to curvature with "back-reaction" ⇒ semi-classical Einstein field equation (SCEFE):

$$G_{ab} = 8\pi \langle \hat{T}_{ab} \rangle + \Lambda g_{ab}$$
$$= 8\pi \langle \hat{T}_{ab} \rangle + \langle \lambda \rangle_{\psi} g_{ab}$$

no completely rigorous mathematical theory, only standard formulations (Lagrangian, S-matrix, path integral, canonical, Hamiltonian-Jacobi, ...), perturbative warts, non-renormalizability, and all

- ullet study of  $\Lambda$  and inflation, *inter alia* in cosmology, most naturally posed in this framework
- $\bullet$   $\Lambda$  as form of energy, but possibly also, as we'll see as form of entropy

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The totality of situations covered by various aspects of the energy concept is too complex to be reproduced by any simple verbal device.

- P. W. Bridgman (1956, p. 78)

- as a philosopher and gad-fly one of my duties is to take a step back and remind us all from time to time of some basic ideas that we tend to lose sight of, so much part of the ground of our framing conceptual landscape are they
- so I begin with a few basic—almost trite—observations about energy and entropy in classical physics (non-relativistic, non-quantum), to set the stage for the discussion of more advanced, abstract matters, far removed from our empirical access
- in any event, one never goes wrong by invoking Fermi's Pleasure Principle to begin a talk

what energy and entropy share in common in classical physics:

- their universality—every theory treating every kind of physical system attributes (or can attribute) both to them, except perhaps entropy for the simple mechanics of rigid bodies
- and except—most interestingly—the Newtonian gravitational field (if one tries to attribute a "Bekenstein entropy" to a "Newtonian black hole", it doesn't work for many reasons, among them that the geometry of Newtonian spacetime does not admit event horizons, nor even trapping horizons)
- 3. their fungibility—all forms of each are, respectively, transformable into each other
- 4. both are affine quantities (no natural zero point)
- each obeys a characteristic relation among all their possible forms, for energy an equality (conservation) and for entropy an inequality (the Second Law), and both of those relations have an intimate connection with time

what energy and entropy share in common in classical physics (cont.):

- indeed, there are (we tend to forget) two entirely separate conceptions of energy in classical physics, the generator of time translations ("Hamiltonian") and the capacity to do work ("Lagrangian")
- **7.** that they are a priori independent of each other is seen most clearly by the facts that:
  - 7.1 since work depends only on spatial paths, the latter makes not even an implicit reference to time (the work 1-form in Lagrangian mechanics is transverse to "accelerations")
  - 7.2 the energy, as a function of the Lagrangian, does not generate dynamical evolution as the Hamiltonian does
  - 7.3 one cannot represent "work" at all, much less dissipative processes, in Hamiltonian mechanics

what energy and entropy share in common in classical physics (cont.):

- 8. the two conceptions of energy are brought into contact with each other through the principle of conservation, which itself is balanced by the introduction of the idea of *heat* (neither a generator of time translations nor the capacity to do work) and thus, inevitably, the introduction of entropy from energetic considerations
- thus there are in fact three conceptions of energy in classical physics, united by the conservation principle and by the Second Law (for the latter, most explicitly in the form of the Kelvin Postulate)
- and, tantalizingly, by the characterization of equilibrium as the maximizer of entropy and the minimizer of free energy (Kelvin's "Principle of Dissipated Energy")

Now when the appearance of one thing is strictly connected with the appearance of another, so that the amount which exists of the one thing depends on and can be calculated from the amount of the other which has disappeared, we conclude that the one has been formed at the expense of the other, and that they are both forms of the same thing.

– James Clerk MaxwellTheory of Heat (1891, ch. IV, p. 93)

note how careful Maxwell's formulation is: it applies both to energy (conservation, an equality) and to entropy (Second Law, an inequality)

nonetheless, there are clear conceptual and physical differences, most fundamentally:

- 1. they are not jointly fungible
- there is no such thing as an entropometer, but there are ergometers ("entropy mediates no physical couplings between systems"—it is a purely modal quantity)
- 3. energy conservation must be postulated, but plays essential roles in derivation of many important, general results
- entropy increase can be derived, but plays no essential role in derivation of any important, general results ("the Second Law lacks fecundity")
- **5**. entropy constrains the possible future transformations of a system more severely than does energy conservation

Emden (1938, p. 909) (see rest of article as well):

As a student, I read with advantage a small book by F. Wald entitled 'The Mistress of the World and her Shadow'. These meant energy and entropy. In the course of advancing knowledge the two seem to me to have exchanged places. In the huge manufactory of natural processes, the principle of entropy occupies the position of manager, for it dictates the manner and method of the whole business, whilst the principle of energy merely does the bookkeeping, balancing credits and debits.

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many (but not all) properties of energy carry over from classical physics, and are even deepened and become more subtle, for they are now united (along with momental quantities) in a single new quantity, *viz.*, stress-energy:<sup>1</sup>

universality matter couples with "gravity" ("the universal force", viz., spacetime curvature) by way of stress-energy, attributed promiscuously to every kind of matter field

fungibility every form of stress-energy can be transformed (in principle) into every other kind

conservation one now has in general only "hyperlocal" conservation  $(\nabla^n T_{na}=0)$ , no integral conservation laws ("gravitational energy is non-local"—Curiel 2019)<sup>2</sup>

**zero point** no longer an affine quantity (" $T_{ab} = 0$ " is unambiguous)

<sup>1.</sup> There are also many quasi-local and global energetic quantities of interest, *e.g.*, the Geroch mass, the Hawking mass, the ADM mass, the Bondi energy, ..., but no time to consider them here.

<sup>2.</sup> Perhaps we can posit a non-local gravitational energy to save conservation, as they did heat in the 19th Century? And so gravitational energy really is an energy associated with dissipative, hidden degrees of freedom...

and energy conditions make their first appearance, e.g., weak energy condition (WEC):

$$G_{mn}\zeta^m\zeta^n\,\geq\,0$$
 for all timelike vectors  $\zeta^a$ 

("everyone sees positive mass-energy")

- constraints on measure of curvature (usually Ricci or Einstein), given physical interpretation by way of stress-energy tensor in EFE
- EFE on its own has almost no physical content without them
- almost every general, deep result in GR assumes an energy condition for its proof
- ⇒ by way of guaranteeing focusing of geodesics

most characteristic role of energy in GR

also most characteristic of energy conditions (Curiel 2017):

- in classical GR, as in most theories, one has a great deal of freedom in what one takes as primitive and what as derived
- think of the geodesic principle and covariant conservation of stress-energy, inter-derivable
- this is not true of the classical energy conditions, neither pointilliste nor impressionist
- one can't derive energy conditions in classical GR
- they are always taken as primitive
- perhaps they reach down to and get ahold of spacetime structure at a very deep level?

- this is not so of entropy conditions in classical GR<sup>3</sup>
- Bousso (1999a, 1999b), e.g., used the DEC in his original work to motivate his covariant entropy bound ("the total entropy flux  $S_L$  through any null hypersurface L satisfying some natural geometrical conditions must be such that  $S_L \leq A/4$ , where A is a spatial area canonically associated with L")
- Flanagan et al. (2000) then proved it using the NEC

<sup>3.</sup> Putting aside for the moment what one means by entropy, here, what kind of entropy one is dealing with—just assume for the moment that "black hole area is something like an entropy".

the relations between energy and entropy are neighborly, but not intimate:

- relation between energy conditions and entropy conditions is "one way" only
- 2. there is no explicit unification of different types of entropy (in something like a GSL, e.g.), as there is for energy
- 3. as in classical thermodynamics—if one accepts the orthodox dogma (Wald's Way), that there is no consistent thermodynamical theory of purely classical black holes<sup>4</sup>—energy and entropy are not jointly fungible (throwing mass into a classical black hole doesn't increase its entropy)
- 4. there is still no entropometer
- 5. and relation of *both* stress-energy and entropy to equilibrium (existence of timelike Killing field) is obscure at best

<sup>4.</sup> But see Curiel (2014)

- in any event, already energy here goes beyond the role it plays in non-relativistic physics. . .
- to paraphrase Emden's marvelous remark, in the huge manufactory of natural processes, energy begins to occupy the position of, if not manager, at least assistant manager, for it constrains the manner and method of the whole business

Carlo Rovelli (personal communication, his emphases):

Entropy (and thermodynamics in general) is not yet understood (by anybody) even in CLASSICAL gravity. . . . What is well understood (since Tolman) is the thermodynamics of matter fields on a given geometry, which is to say: disregarding dissipation into gravitational degrees of freedom. But dissipation into gravitational degrees of freedom has no reason not to occur (which in the Black Hole case is the classical analog of your observation about gravity getting entangled with the Hawking radiation, for instance). So the classical thermodynamics of the gravitational field is a topic for which we do not have a science at all, yet.

### lagree

Maybe we can make some progress in SCG.

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How did classical general relativity know that the horizon area would turn out to be a form of entropy, and that surface gravity is a temperature?

Ted Jacobson (1995)
 "Thermodynamics of Spacetime:
 The Einstein Equation of State"

most basic reason for thinking there is intimate relation between energy and entropy in SCG comes from BHT:<sup>5</sup>

SR tells us:

$$E = Mc^2$$

• GR tells us ("First Law of Black Hole Mechanics"):

$$\delta M = \frac{1}{8\pi} \kappa \delta A$$

• SCG tells us ("Bekenstein entropy"):

$$S = \frac{A}{4\hbar} \propto M^2$$

<sup>5.</sup> Here, we take the black hole area to be uncontroversially (more or less) a thermodynamical entropy.

stronger hints of more intimate relations between energy and entropy:

- fungibility energy can now be directly transformed into entropy ("throw stuff into black hole"), and vice-versa (Hawking radiation); each is a direct measure of the other ("area and mass tell you each other")
- **zero point** they both have natural zero points, which is the same state (Schwarzschild M=0)
- equilibrium heuristic but compelling arguments that stationary black holes minimize free energy (" $M-M_{\rm irr}$ ") and maximize entropy
- entropometer! we can measure area of event horizon directly (not a modal quantity)—which is also, in this case an ergometer, as area gives you mass

but the relations—including equalities—between entropy and energy even beyond those just stated become now a promiscuous, libertine, orgiastic debauch...

Sodom and Gomorrah, during the fun times!

#### $\Lambda$ as entropy

- $\bullet$  straightforward interpretation:  $\Lambda$  is energy
- from Juliusz's talk yesterday:  $\Lambda$  acts like entropy!
- more direct evidence: generic causal diamonds with de Sitter geometry (positive  $\Lambda$ ) maximize gravitational entanglement entropy (Jacobson and Visser 2019)

- one of the most natural ways to think of gravitational energy in GR (yet largely unexplored) is by way of geodesic deviation (focusing) (Penrose 1966; Curiel 1997)
- one can extract energy from a gravitational field when and only when there is geodesic deviation (focusing) (Bondi and McCrea 1960; Curiel 1997)
- as we'll see, entropy now becomes associated with geodesic deviation (focusing) as well

entropy conditions<sup>6</sup> take on the classical role of energy conditions, by guaranteeing geodesic focusing:

- 1. entropy conditions imply focusing: Akers et al. (2020)
- GSL proves a singularity theorem, and rules out traversable wormholes, negative masses, other forms of faster-than-light travel between asymptotic regions, restarting inflation and CTCs: Wall (2013)
- 3. Bousso bound proves a singularity theorem: Bousso and Shahbazi-Moghaddam (2022)
- quantum Penrose inequality using generalized entropy of bulk light sheets to constrain lower bound of ADM mass: Bousso et al. (2019)
- 5. quantum focusing implies singularity theorems, the GSL and boundary causality: Shahbazi-Moghaddam (2022)
- quantum focusing implies cosmological GSL: Bousso and Engelhardt (2015, 2016) (N.b.: only a conjecture, with supporting plausibility arguments and evidence from test cases)

<sup>6.</sup> It now becomes almost wholly unclear what is meant by entropy in any given application, and whether, in any event, they are jointly consistent.

# the principle of entropy increase (GSL) becomes fecund!

one now has, for the first time, not only derivations of energy conditions, but ones *based on entropy conditions*, and vice-versa

- 1. proving the (A)ANEC from the GSL: Wall (2010)
- 2. proving the ANEC from the QNEC: Bousso et al. (2016)
- 3. proving the NEC from the GSL: Parikh and Svesko (2017)
- 4. proving the QNEC from entropy conditions: Akers et al. (2020)
- NEC as entropy-creation term for dynamical black holes: Rignon-Bret (2023)

(we'll come to the QNEC—Quantum Null Energy Condition—next)

#### QNEC, Bousso et al. (2016)

- 1. any point p and null vector  $k^a$  define (at least locally) a null plane N
- 2. given any codimension-2 surface  $\Sigma$  that contains p and lies on N, consider the von Neumann entropy  $S_{\mathrm{out}}$  of the quantum state of the ambient quantum fields restricted to one side of  $\Sigma$
- 3. a second variation  $S''_{\text{out}}$  can be defined by deforming  $\Sigma$  along N, in a small neighborhood of p, by an area  $\mathcal A$
- 4. QNEC:

$$\langle T_{kk}(p) \rangle \geq \frac{\hbar}{2\pi} \lim_{A \to 0} S_{\mathsf{out}}'' / \mathcal{A}$$

#### **Figure**

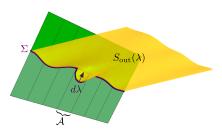


FIG. 1. The spatial surface  $\Sigma$  splits a Cauchy surface, one side of which is shown in yellow. The generalized entropy  $S_{\rm gen}$  is the area of  $\Sigma$  plus the von Neumann entropy  $S_{\rm out}$  of the yellow region. The quantum expansion  $\Theta$  at one point of  $\Sigma$  is the rate at which  $S_{\rm gen}$  changes under a small variation  $d\lambda$  of  $\Sigma$ , per cross-sectional area A of the variation. The quantum focusing conjecture states that the quantum expansion cannot increase under a second variation in the same direction. If the classical expansion and shear vanish (as they do for the green null surface in the figure), the quantum null energy condition is implied as a limiting case.

(shamelessly cribbed from Bousso et al. 2016)

one gets equivalences of entropic and energetic quantities:

- 1. Leichenauer et al. (2018): for null shape deformations as they appear in the QNEC, modulo a plausible, supported conjecture, second variations of the von Neumann entropy determine the full stress-energy tensor expectation value as an equality (and so, à la Jacobson 1995, one gets the EFE)
- 2. Wang (2020): (quasi-local) Bartnik-Bray inner mass exactly equals the (generally non-local) irreducible mass corresponding to the (generally non-local) outer entropy (Engelhardt and Wall 2018)

perhaps most striking (argument due to Manus Visser):

**1**. set

$$\langle K_{\xi} \rangle := \int_{\Sigma} \langle T_m{}^n \rangle \xi^m \mathsf{d}\Sigma_n$$

2. then SCG First Law:

$$\delta M = \frac{\kappa}{8\pi} \delta A + \delta \langle K_{\xi} \rangle$$

**3.** invoke First Law of quantum thermodynamics, a.k.a., First Law of entanglement

$$\delta \langle K_{\mathcal{E}} \rangle = T_{\mathsf{H}} \delta S_{\mathsf{ent}}$$

where 
$$\delta S_{\rm ent} = -\operatorname{Tr}\rho\log\rho$$
 and  $\rho = \frac{1}{Z}e^{-\beta_H K_\xi}$ 

4. 
$$\Rightarrow \delta M = T_{\rm H} \delta S_{\rm gen}$$
 where  $S_{\rm gen} = A + S_{\rm ent} = S_{\rm BH} + S_{\rm ent}$  and  $T_{\rm H} = \frac{\kappa}{8\pi}$ 

 $S_{\mathsf{gen}}$  obeys both a First Law and a Second Law!!!

Now when the appearance of one thing is strictly connected with the appearance of another, so that the amount which exists of the one thing depends on and can be calculated from the amount of the other which has disappeared, we conclude that the one has been formed at the expense of the other, and that they are both forms of the same thing.

James Clerk Maxwell
 The Theory of Heat (ch. IV, p. 93)

- are energy and entropy different aspects, different forms, of the same underlying entity?
- should this be one of the unifications we seek now in physics?

## three paths to the EFE: (1) entropy

further hints from Jacobson (1995):

- 1. assume form of entropy (proportional to area)
- 2. assume form of heat (matter flux of particular sort, =0 when  $T_{ab}=0$ )
- 3. assume Clausius relation (temperature from Unruh effect)
- ⇒ Einstein field equation as consistency condition on thermodynamical relations ("equation of state")
- ⇒ null energy condition as local law of entropy increase

(see also Curiel et al. 2020)

## three paths to the EFE: (2) entropy

further, deeper hints from Jacobson (2016):

the entanglement entropy of maximally symmetric (de Sitter) causal diamonds is stationary under first-order variations if and only if the SCEFE holds

# three paths to the EFE: (3) stress-energy

## Theorem (Curiel 2019)

The only two covariant-index, symmetric, divergence-free, second-order concomitants of the metric with physical dimension of stress-energy (in geometrized units) are constant multiples of the Einstein tensor.

 $\Rightarrow$  physical dimension of stress-energy ( $T_{ab}$  invariant under constant recalings of  $g_{ab}$ ) determines coupling of curvature to matter

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## Corollary (Curiel 2019)

There are no two covariant-index, divergence-free concomitants of the metric that are homogeneous of weight zero that do not identically vanish when the Riemann tensor is not zero.

interesting aside: Jacobson's and Padmanabhan's results on deriving EFE (and Lanczos-Lovelock theories) from thermodynamic considerations are special cases of the theorem and corollary

#### Upshot:

- all other terms constructed from the Riemann tensor and other geometrical entities (e.g., topological invariants) must be multiplied by dimensionful coupling constants for consistency
- 2. thus any such term ought to be considered a stressenergy tensor for an ("exotic") matter field, and so put on the RHS
- 3. in particular,  $\Lambda g_{ab}$  ought to be put on the RHS—it is matter, not geometry

In general: any such term that requires dimensionful coupling constant, whether concomitant of Riemann or not, ought to be put on RHS of EFE and considered to be a form of matter in the framework of GR

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